



## CALL FOR VOLUNTEERS

**HOST ORGANIZATION:** Mundo Inseparável Associação (MIA)

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**TITLE OF THE PROJECT:** “Não Sou o Único”

**ACTIVITY DATES:** 1 May – 31 October 2019

**LOCATION:** Alcochete, Portugal

**VACANCIES:** 4 volunteers (2 Italian, 1 Spanish, 1 Polish)

### **OUR ORGANIZATION:**

Mundo Inseparável Associação (MIA) is a non-profit organization based in Alcochete, Portugal with the aim of promoting national and international initiatives and partnerships in the social and education fields.

As an organization our main goal is to promote the holistic development of citizens through the creation of formal and non-formal education opportunities. Also in our goals are promoting:

- . Intercultural dialogue and intercultural education to increase cultural awareness and awareness fight discrimination and xenophobia;
  
- . Tolerance and understanding,



- . Voluntary Service (both local and EVS) and other exchange programs;
  
- . Knowledge and Skill sharing;
  
- . Non formal education

### **PROJECT SUMMARY:**

“NÃO SOU O ÚNICO” is a European Voluntary Service project that includes different activities and will be implemented in Alcochete/Montijo for the fourth time.

The main focus of the project is on intercultural education, development of social skills and cultural animation. The objectives of the project are: deepening the intercultural dialogue, strengthening tolerance and knowledge of other cultures amongst the local community, improving social and communication skills amongst children and youth. In order to achieve our goals we will use non-formal methodologies.

### **VOLUNTEER'S PROFILE:**

We are looking for young people ages 18 to 30 years old. We strongly encourage people from all different backgrounds to be a part of our project. We invite volunteers who are eager to further develop their competences in the field of animation and social work. However, we are also ready to cooperate with volunteers who do not have previous as long as the volunteers are motivated and open to learn, as our team will provide all the support and training needed.

The volunteers should be open to work in a team and to share their culture and skills with the ones around them. Open minded, creative and energetic people will be especially welcome in our program. We would like this project to be a result of the joint interests of the organization and the volunteer, as we believe that's what makes a project unique. Therefore, we would like to encourage volunteers that are motivated to cooperate with the organization's initiatives but that can also bring their own ideas to enrich the project. We offer a large range of possibilities as to



the subject of the activities and the age groups. The idea is that the volunteer have the opportunity to try different things, discover new interests and challenge themselves out of their comfort zone. All while being supported by our team that will assist in accordance with the volunteer needs.

We are looking for volunteers that are truly motivated to participate in this project and that otherwise might never have an opportunity to live abroad and experience a foreigner culture for an extended period of time.

We are very open to welcome participants with fewer opportunities in our projects. We will be looking specially to welcome volunteers that face (or have faced): educational difficulties, economic obstacles, cultural differences, social/geographical obstacles.

### **VOLUNTEER'S TASKS:**

With the support of the hosting organization, the volunteer will be involved in developing tasks such,

**ANIMATION FOR CHILDREN:** the volunteers will visit different schools and develop animation activities for children

**STREET ANIMATION:** in tandem with MIA's team the volunteers will organize animation events for the local community, such as flash mob, city game etc.

**WORKSHOPS FOR TEENAGERS:** the volunteer will prepare and run workshops on a variety of topics such as: volunteering, different cultures; language, communication skills to present to young people with the support of the hosting organization;

**WORKSHOPS FOR CHILDREN:** the volunteer will choose topics for workshops with kids and run them with the assistance of MIA's team.

**INTERCULTURAL MEETINGS:** the hosting organization will support the volunteer in hosting meetings open for the community to share different aspects of the volunteer's culture (food, music, traditions, nature etc).



**CLUB MEETINGS AND CONVERSATIONS:** the volunteers will host informal meetings where youth and adults can practice their skills in foreign languages.

**THEMATIC WORKSHOPS:** (eg. Cooking, art, music, sports) for selected target group (seniors, young mothers with children, etc.).

**PERSONAL PROJECTS:** The volunteer, if comfortable, will be given space to develop a personal project. For example an intercultural basketball game, music festival, etc; Regularity and duration will depend on the ideas to be implemented

## **WORKING STRUCTURE**

The volunteers will work up to 35h per week (7h a day), 5 days a week. These will include the preparation, team meetings, evaluation and language support. A weekly schedule will be determined jointly taking into account the intensity and the type of tasks to ensure the volunteers experience varied opportunities. Occasionally the volunteers may be asked to work on weekends, should this occur the volunteer will have the equivalent free days on another time.

## **LOCAL COMMUNITY**

The activities will take place in the municipality of Alcochete and its neighbour town Montijo, situated 35 Km away from Lisbon (Portugal's capital).

Administratively, the municipality is divided into 3 civil parishes: Alcochete, Samouco and São Francisco.



Alcochete parish is a small village where everything is within a walking distance. Chosen by a lot of people for its closeness to Lisbon, Alcochete offers a quiet and calm environment with the added comfort of being close to one of the main cities of the country.

Alcochete's is well served in terms of public transportation, having regular bus connections to major cities like Barreiro, Setúbal and Lisbon. The ferry to Lisbon is available from Montijo (the neighbor town situated 6 Km away) and from Pinhal Novo (20 Km away) it is possible to catch trains to different destinations from South to North of Portugal.

In terms of culture Alcochete offers a range of options such as the museum, local library, House of Culture, sports clubs, swimming pool, a stadium, sports gyms amongst others. The house of culture often hosts events, meetings, concerts and shows. The town has a few pubs and cafes and its rich in restaurants famous for traditional Portuguese food. Alcochete is also home to different nonprofit organizations and initiatives.

As for 2011 the population of Alcochete was 17,569, in an area of 128.36 km<sup>2</sup>.

Because it's closeness to Lisbon, Alcochete gathers a wide variety of people from different ages and backgrounds, some that were born and raised in Alcochete, some that work or study in Lisbon and use the town as a "dormitory" and others that moved from bigger cities to enjoy the relax environment of this smaller but precious town.

In terms of schools these are the current numbers:

Over 10 preschools (4 Public), 9 Elementary Schools (6 public), 1 Middle School (Public), 1 High School (Public)

Despite its proximity with the capital, Alcochete is still quite a monocultural and monolingual town and we believe that the local community would benefit a lot from the contact with foreigners. The children and youth of Alcochete learn languages both in public and private schools, however, they have close to none opportunity to practice their skills in real life as they don't often have access to foreigners in their everyday life. The local community could also benefit from the contact with international volunteers by experiencing and exploring their cultures, which would help to promote intercultural dialog, awareness and acceptance.



Because Alcochete is a small town we believe that the impact of international volunteers would be strongly felt and hopefully motivate other people to get involved in such initiatives.

### **ACCOMODATION**

The volunteers will be accommodated in properly equipped rented apartment in the center of Alcochete or Montijo.

### **TRANSPORT ARRANGEMENTS**

Most places in Alcochete/Montijo are within walking distance. We will also provide a monthly bus card that will allow the volunteers to travel between the two towns.

### **FOOD**

Each volunteer will receive monthly food allowance in order to be able to follow their individual diet needs (145€/month). Along with the food allowance the volunteers will receive pocket money (according to the rates established each year on the Users' Guide for the Erasmus+ Program – 155€/month).

### **TRAVEL COST**

The travel expenses from the origin country to the project venue will be reimbursed based on real expenses, up to the limit for the country established by the distance calculator for the Erasmus+ Programme (max. 180€/Spain; max. 360€/Poland; max. 275€/Italy). The volunteers will be in charge of buying the plane tickers **with the approval** of the project coordinator. This money will be reimbursed during the last month of the project.



## **APPLICATION**

The volunteers that wish to take part in this project should fill in the application form attached to this email and send it to [geral@mundoinseparavel.pt](mailto:geral@mundoinseparavel.pt)